



**NSS Unit-XIX  
Institute of Nursing**

*Invitation*

*We Cordially Invite You for the Celebrations of “International  
Yoga Day”  
On Friday, 21<sup>st</sup> June, 2019*

*Sri. Dr. K.RAMESH BABU, Ph.D*

*HOD, Department of Yoga & Consciousness  
Andhra University, Visakhapatnam*

*Has kindly consented to be the chief guest*



**“YOGA for Heart”**

**Time:** 11.00 a.m to 12.00Noon

**Venue:** GITAM Institute of Nursing

Prof. S. Kanaka Lakshmi  
**Principal**  
GITAM Institute of Nursing

Kasturi S  
**Professor, NSS Program Officer,  
NSS Unit XIX**